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L1 FILE 'FSTA' ENTERED AT 17:15:11 ON 02 NOV 2001  
5 S MACA

# MAKA REAL

## Lepidium Peruvianum

### RECIPES for MAKA REAL consumption

One to three teaspoons in juice, coffee, tea, infusions, milk, soups, puddings, desserts, and any kind of dish. Kids, half the dose. The dose may increase, without counterindications.

#### Punch with MAKA REAL

For 6 portions:

Blend and liquefy the following ingredients:

Three teaspoons of MAKA REAL, 2 eggs, 3 cups of milk, 5 teaspoons of sugar, vanilla essence.

#### Cocktail with MAKA REAL

For 6 portions:

Blend and liquefy the following ingredients:

Two teaspoons of MAKA REAL, 5 oz. of pisco\* or rum or vodka or other liquor, one egg, 1½ cup of milk, 4 teaspoons of sugar and 4 ice cubes.

\*Peruvian grape really fine brandy. You should try it. Chileans make a low quality brandy unduly called pisco. You should no confuse them. Process of production and kind of grapes used are totally different

#### SPECIAL JUICE WITH MAKA REAL

For 6 portions:

Liquefy together the following ingredients:

2 cups of fruit (banana or apple or quince or another fruit), 4 teaspoons of MAKA REAL, 1 tablespoon of honey, 2 teaspoons of extract of carob tree sheath, ½ lemon juice, 2 eggs, 2½ cups of milk, 3½ tablespoons of sugar, vanilla essence, 8 ice cubes.

#### OAT WITH MAKA REAL

Each portion: Blend a cup of cooked oat flakes with some fruit or cocoa, with one teaspoon of MAKA REAL, sugar to the taste.

#### MAKA REAL CAKE

For 12 individual mini cakes:

125g. of plain wheat flour, one egg (separate the egg yolk), 1/5 cup of vegetal oil, ¼ teaspoon of salt, 3 tablespoons of sugar, 30 raisins cut by the middle, 2 teaspoons of baking powder, one teaspoons of vanilla essence, 1/3 cup of water, (12 greased paper molds No. 6). Beat the white of the egg with the sugar until it looks like snow. Sift the flour with MAKA REAL, baking powder and salt. In the bowl with the white of the egg beaten, incorporate part by part the dry ingredients, the vanilla, and the water. Once they are mixed up, add the oil, until it incorporates totally. Mix the raisins with a small amount of flour, and add them to the mix, and mix until they are uniformly distributed. Put the greased paper molds in aluminum small molds, and pour the mix. Take them to the oven with medium temperature for about 40 to 45 minutes.

You can replace the raisins with and equivalent quantity of pineapple in small bits, strawberry jam, orange jam, etc.

#### PUDDING WITH MAKA REAL



For 16 portions:

10 pieces of bread (approx. 400g.), 80g. MAKA REAL flour, one egg, 120g. brown sugar, 100g. raisins, ½ can of evaporated milk, ¼ cup of vanilla essence.

Soak the bread in water until they become softened, drain and put them in a bowl, crumble them and add milk, let the mix rest for 5 minutes, add the egg, sugar, raisins and vanilla essence, mix well.

Pour the mix in a 36x25cm.(approx.) mold with 225g. of melted sugar, and put it in double boiler in the oven at 175°F for 45 minutes. Let it cool off in the mold and then take it out.

#### **HAMBURGERS WITH MAKA REAL**

For 12 hamburgers:

½ kg. hamburger meat, one egg, one chopped onion, one teaspoon of chopped garlic, 2 slices of bread (soaked, drained and crumbled), salt and pepper to the taste, 4

teaspoons of MAKA REAL flour, 3 tablespoons of flour.

Mix well the ingredients, form small balls, flatten them, put on some flour and fry them with a regular amount of oil.

#### **APPLE PANCAKES WITH MAKA REAL**

For 8 portions:

1 can of evaporated milk, 1 apple cut in four, 1 egg, 2 teaspoons of sugar, 2 teaspoons of melted butter, ¾ cup of sifted flour, 1 teaspoon of baking powder, cinnamon powder to the taste, and 6 teaspoons of MAKA REAL powder.

Liquefy the milk, apple, egg, sugar, butter and cinnamon until the apple is totally chunked. Add the flour and the baking powder until it is well mixed. Fry each portion in hot oil, until it is brown in both sides. Serve with butterscotch or jam.

#### **LENTILS WITH MAKA REAL**

For 4 portions:

250g. lentils, 1 teaspoon of chopped chili, 100g. of pork meat in pieces, ½ chopped small onion, 4 garlic cloves (peeled and chopped), salt to the taste, oil, 3 teaspoons of MAKA REAL powder. Cook the lentils, in a pan fry the chopped meat, take it out and in the same pan fry the onion, garlic, chili, add the lentils and cook for 20 more minutes, before taking it off the fire, add the Maka Real's powder dissolved in a small amount of water.

**SUPERIOR HEALTH ENHANCER**



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... to Sexuality (96 pages). For Both: **MACA**-Peruvian Caps 60 (libido enhancer ...

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# Maca Growers

**"This is where the  
MACA MAGIC  
GROWS..."**

 <b>"FEEL THE POWER OF THE INCA!"</b>			
<a href="#">What is Maca &amp; What does it do?</a>	<a href="#">Our Growers &amp; Farmers</a>	<a href="#">The Magic Valley</a>	<a href="#">No Toxins</a>
<a href="#">The Science behind the Talk</a>	<a href="#">Nutrients &amp; Properties</a>	<a href="#">Our Product Line</a>	<a href="#">Packing facilities</a>
<a href="#">About us</a>	<a href="#">Wholesale/ distributor</a>	<a href="#">Maca Bulletin</a>	<a href="#">Contact Us</a>



**Although HERBS AMERICA™ began it's cultivation of MACA MAGIC™ only in 1994, OUR GROWERS have been here since the beginning, tending these crops like guardians of nature...**

## SINCE THE BEGINNING...

It all began here, in the Peruvian highlands, nearly 3000 years ago- with the first cultivated crops of Maca root being grown by Inca farmers for food and medicine. Today, Peru's "MAGIC VALLEY" is the source and genetic origin of the purest Maca Hypocotyle on earth, organically grown MACA MAGIC™!

Here, HERBS AMERICA™ and our team of traditional farmers work hand in hand to ensure organic purity in each of our bio-active, nutrient-rich products. Beginning in the Magic Valley we oversee every step in the process of creating superior MACA MAGIC - from the planting of the seeds to the packing of the products!

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## OUR GROWERS and FARMERS

Our growers in Peru have come to know and rely upon regions, specifically certain highland valleys, to offer them the most desirable growing conditions. One of these valleys is called the "The Magic Valley" is the place where Herbs America's plantations of Maca are located.

There, our growers were the first to develop and master the art of producing powerful strains of Maca Root centuries ago, and these same families carry on and teach the traditions of highland farming to their ancestors in the modern day to produce the finest strain of them all- MACA MAGIC!

The maca harvests take place in June and July, along with other crops such as corn and potatoes. Festivals celebrating the harvesting of crops are common during this time and symbolically mark the beginning of their long, very cold winters.

We are very fortunate and proud to be able to work in this enchanted valley!

(LEARN MORE ABOUT THE MAGIC VALLEY BELOW)



Our growers retain spiritual ties to the land and the food, farming with the spirits of their ancestors backing their every move...

## WE SUPPORT TRADITIONAL FARMING

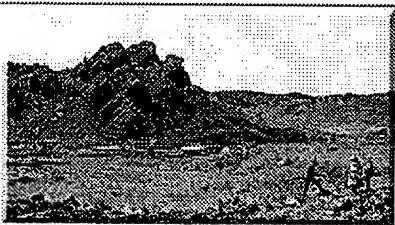
Herbs America is proud to support the indigenous peoples and their culture by supporting traditional farming in the Andes Mountains.

Even today, our growers are living examples of true agrarian clans who still practice age old traditions seldom seen in today's high tech chemical and machine dependent farming methods. They maintain intimate relationships with the fertile valleys and strive to keep it pure. Because of this commitment to farming and a love of the land, they have been able to maintain strains of Maca in the Magic Valley for hundreds of years.

## PERU'S MAGIC VALLEY!

Herbs America's "Magic Valley" is situated in a mountainous region of Peru known as the Junin plateau. The valley is in fact one of several valleys that have been growing Maca root for thousands of years and, combined, make up the most productive Maca producing region in Peru. From a botanical standpoint, scientists believe this region is the earth's first source, "the genetic origin" of Maca root, true *Lepidium Peruvianum*.

In the rocky crags above our fields are sacred



caves and alters where the Incan families once honored all of the magic crops they grew in the valley below. Each season pilgrimages are made to these places where our growers conduct millennia old ceremonies, asking for blessings and another year of good health and good harvest.

Ranging from between 12 and 16,000 feet above sea level, our particular valley is perched just over the eyebrow of the nearby untamed Amazonian jungle, the greatest convergence of plant life on earth. Visitors to the growing site are often impressed by the majestic beauty of the region- glaciated lakes above with the blue waters of Lake Junin below.

The regions fairly remote location, high elevation, and well known hostile weather conditions have allowed it to remain largely undiscovered by the commercial farming world, thus keeping it essentially pure and undeveloped.

**It is here that the worlds finest Maca is grown.** At elevations above 14,000 feet (higher than any other cultivated crop in the world), the intense sunlight, rarified

air, and organic soil of these highland valleys join together to produce the most powerful and

pure strain of Maca root on earth, the Hypocotyllo of MACA MAGIC!

## AGRICULTURAL ATTRIBUTES

**There is much more to the Magic Valley and surrounding region than mere elevation, enchanting beauty, and intense sunlight...** When taking a scientific inventory of the agricultural attributes of the region, many fascinating points are revealed.

Glacial melt from distant 20,000-foot mountains creates a natural sub-irrigated farmland that is incomparable in this region of Peru. Since time immemorial this mineralized soil and pure cold water have combined to build a sustainable cache of real magic charms- charging the soil of the valley below with perfect moisture, excellent tilth, and loading it up with important health giving trace minerals so essential to producing superior MACA MAGIC!

Temperatures on the plateau often plunge below zero. Hailstones and snowfall are common in the summer, and the oxygen-thin air induces altitude sickness in the healthiest of people. When the sun comes through the clouds, the glare from it can burn you red in just a few minutes...

The rocky soil supports very little plant life, and the wind chaps and bites one's skin through the thickest of clothing. (In fact, Maca Root is one of only a few food crops that are able to withstand these harsh conditions and grow in this altitude range. It is unusually frost-resistant, and seems to thrive in bad conditions. The only other crops capable of growing here are the humble potato and just a few strains of corn.)

Another interesting naturally occurring phenomena of this region, and in particular our Magic Valley, is the rarified air, often powerfully charged with static electricity, found in elevations above 14,000 feet. Our entire valley is sporadically drenched by heaping doses of naturally occurring sky born nitrogen released during frequent lightening and thunderstorms.

## NO TOXINS

**The Magic Valley is located far out of the reach of toxic ground water contaminated by strip mines that plague many regions of the Peruvian altiplano.** Many regions of Peru are now completely toxic! In those areas Maca is sometimes grown by village people who often have little knowledge or are mis-educated about the hazards of toxic mercury laden soil and water. Nor is there much economic power to do anything about it even if they did know. Many poor farmers are unaware of the toxicity of their land and may truly believe they are producing an organic crop just because they did not apply synthetic fertilizer that season.

## GET YOUR MACA PRODUCTS TODAY!

**(and begin experiencing the good health benefits and positive energy of Maca Magic today!)**

Need more energy or feel sluggish with out caffeine or other deleterious chemical mixtures? Try our raw or toasted MACA MAGIC™ root powders, pure bio-active extracts and complete line of fully enzymatic juices and nutrient rich bars all made from 100% whole MACA MAGIC™ root.



**GO TO THE MACA MART NOW TO BUY MACA!**

If you're interested in learning more about our product line, details on our different buying levels, discounts, specials, and more, **CHECK OUT OUR MACA PRODUCTS WEBPAGE NOW!**



## OUR FACILITIES

In Peru, HERBS AMERICA derives quality products from the ground up.

We take the raw root out of the soil, clean it, grind it, blend it, etc., into the MACA MAGIC products you can buy on the MACA MART. All our products are 100% guaranteed to be top quality or your money back!

COME SEE THE DETAILS OF OUR PACKAGING FACILITY NOW!

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## CONTACT US TODAY!

### E-MAIL

**Telephone: 541-846-MACA (6222), FAX: 541-846-9488**

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Postal contact in PERU: HERBS AMERICA- Jr. La Trinidad 190 Urb., Villa Jardin San Luis,  
Lima 30 PERU.

Postal contact in USA: HERBS AMERICA- 1065 Messinger Rd., Grants Pass, Oregon USA  
97527

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L6: Entry 118 of 196

File: JPAB

May 22, 2001

DOCUMENT-IDENTIFIER: JP 2001136920 A

TITLE: VITALITY PROMOTION FOOD AND METHOD FOR PRODUCING THE SAME

## FPAR:

SOLUTION: A granular raw material obtained by adsorbing root of Panax notoginseng on propolis is previously prepared. Guarana powder immersed in an alcohol extract packed into a container is formulated with the granule of root of Panax notoginseng adsorbed on propolis and cassava powder into a granular state. The mixture of granular guarana, root of Panax notoginseng adsorbed on propolis and cassava is formulated with Maca (a plant of the family Cruciferae) powder and capsaicin powder into a granular state to give the objective vitality promotion food.

*Bob Lee*

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 or (flour) and (maca) and (packag\$) and  
 (grain near maca)

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USPT,PGPB,JPAB,EPAB,DWPI,TDBD	maca or ("Lepidum meyenni")	196	<u>L2</u>
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Search Results -

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(grain near maca)

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USPT,PGPB,JPAB,EPAB,DWPI,TDBD	maca or ("Lepidum meyenni")and (grain\$) or (flour)	49074	<u>L4</u>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	maca or ("Lepidum meyenni")and (grain\$)	196	<u>L3</u>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	maca or ("Lepidum meyenni")	196	<u>L2</u>
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USPT,PGPB,JPAB,EPAB,DWPI,TDBD	11 and (grains)	3	<u>L12</u>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	11 and (flour) and (flour near maca)	0	<u>L11</u>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	11 and (flour)	1	<u>L10</u>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	11 and (packag\$) and (packag\$ near maca)	0	<u>L9</u>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	11 and (packag\$)	3	<u>L8</u>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	maca or ("Lepidum meyenni")and (grain\$) or (flour) and (maca) and (packag\$) and (grain near maca)	196	<u>L7</u>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	maca or ("Lepidum meyenni")and (grain\$) or (flour) and (maca) and (packag\$)	196	<u>L6</u>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	maca or ("Lepidum meyenni")and (grain\$) or (flour) and (maca)	196	<u>L5</u>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	maca or ("Lepidum meyenni")and (grain\$) or (flour)	49074	<u>L4</u>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	maca or ("Lepidum meyenni")and (grain\$)	196	<u>L3</u>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	maca or ("Lepidum meyenni")	196	<u>L2</u>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	maca	196	<u>L1</u>

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L14: Entry 1 of 2

File: JPAB

May 22, 2001

PUB-NO: JP02001136920A

DOCUMENT-IDENTIFIER: JP 2001136920 A

TITLE: VITALITY PROMOTION FOOD AND METHOD FOR PRODUCING THE SAME

PUBN-DATE: May 22, 2001

## INVENTOR-INFORMATION:

NAME

COUNTRY

OGINO, MOTOHEI

AISAKA, ASAKO

## ASSIGNEE-INFORMATION:

NAME

COUNTRY

SHIYABURON:KK

APPL-NO: JP11361413

APPL-DATE: November 16, 1999

INT-CL (IPC): A23L 1/076; A23L 1/30

## ABSTRACT:

PROBLEM TO BE SOLVED: To provide a method for producing a vitality promotion food relatively inexpensively producible, having high effects on recovery of physical fitness and improvement in physical fitness regardless of sex of adult and age and no fear of medicine-induced side effect at all.

SOLUTION: A granular raw material obtained by adsorbing root of Panax notoginseng on propolis is previously prepared. Guarana powder immersed in an alcohol extract packed into a container is formulated with the granule of root of Panax notoginseng adsorbed on propolis and cassava powder into a granular state. The mixture of granular guarana, root of Panax notoginseng adsorbed on propolis and cassava is formulated with Maca (a plant of the family Cruciferae) powder and capsaicin powder into a granular state to give the objective vitality promotion food.

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L14: Entry 2 of 2

File: DWPI

May 22, 2001

DERWENT-ACC-NO: 2001-445872

DERWENT-WEEK: 200148

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TITLE: Physical strength promoting foodstuff manufacture for adults, involves preparing Panax notoginseng granular, absorbing with extract of guarana seed, Catuaba bark, mixing with powder of dried capsaicin and Maca

PATENT-ASSIGNEE:

ASSIGNEE

CODE

SHABURON KK

SHABN

PRIORITY-DATA: 1999JP-0361413 (November 16, 1999)

PATENT-FAMILY:

PUB-NO	PUB-DATE	LANGUAGE	PAGES	MAIN-IPC
JP 2001136920 A	May 22, 2001		009	A23L001/076

APPLICATION-DATA:

PUB-NO	APPL-DATE	APPL-NO	DESCRIPTOR
JP2001136920A	November 16, 1999	1999JP-0361413	

INT-CL (IPC): A23L 1/076; A23L 1/30

ABSTRACTED-PUB-NO: JP2001136920A

BASIC-ABSTRACT:

NOVELTY - Panax notoginseng raw granular is prepared by adsorbing powder-like Panax notoginseng with propolis extract. The propolis extract is prepared by immersing ground propolis in alcohol. Subsequently, the granule is adsorbed with an alcoholic extract containing an immersed mixture of guarana seed powder and Catuaba bark powder, mixed and dried.

DETAILED DESCRIPTION - Finally, powders of dried capsaicin and hypocotyl of Maca are simultaneously mixed.

An INDEPENDENT CLAIM is also included for vital strength promoting foodstuff.

USE - For adults.

ADVANTAGE - The vital strength promoting foodstuff is inexpensive, has no drug induced damaging side effects and excellent physical strength improving effect.

CHOSEN-DRAWING: Dwg.0/0

TITLE-TERMS: PHYSICAL STRENGTH PROMOTE FOOD MANUFACTURE ADULT PREPARATION PANAX GRANULE ABSORB EXTRACT SEED BARK MIX POWDER DRY CAPSAICIN

DERWENT-CLASS: D13

CPI-CODES: D03-H;

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11 and (notoginseng)	2

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USPT,PGPB,JPAB,EPAB,DWPI,TDBD	l1 and (grains)	3	<a href="#">L12</a>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	l1 and (flour) and (flour near maca)	0	<a href="#">L11</a>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	l1 and (flour)	1	<a href="#">L10</a>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	l1 and (packag\$) and (packag\$ near maca)	0	<a href="#">L9</a>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	l1 and (packag\$)	3	<a href="#">L8</a>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	maca or ("Lepidum meyenni")and (grain\$) or (flour) and (maca) and (packag\$) and (grain near maca)	196	<a href="#">L7</a>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	maca or ("Lepidum meyenni")and (grain\$) or (flour) and (maca) and (packag\$)	196	<a href="#">L6</a>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	maca or ("Lepidum meyenni")and (grain\$) or (flour) and (maca)	196	<a href="#">L5</a>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	maca or ("Lepidum meyenni")and (grain\$) or (flour)	49074	<a href="#">L4</a>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	maca or ("Lepidum meyenni")and (grain\$)	196	<a href="#">L3</a>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	maca or ("Lepidum meyenni")	196	<a href="#">L2</a>
USPT,PGPB,JPAB,EPAB,DWPI,TDBD	maca	196	<a href="#">L1</a>